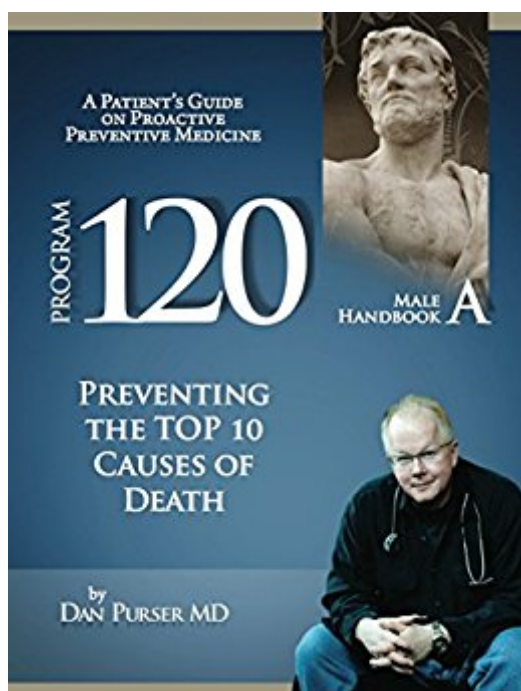


The book was found

Program 120 Male Handbook A: Guide To Prevent Heart Attack, Stroke, Cancer, Prostate Cancer, Colon Cancer, Lung Cancer, Diabetes, Osteoporosis, Dementia, ... Medicine Patient Handbook For Males)



Synopsis

Program 120 Male A Handbook on Preventive Medicine: A condensed version of the first ten chapters of his famous Program 120 textbook on disease prevention, in this book Dr. Purser discusses the top 10 causes of death in men and also provides all the known steps at that time to prevent them. He discusses such things cardiovascular disease, strokes, preventable accidents/trauma, lung and colon cancer, diabetes, and kidney failure. Everything is highly referenced and researched. Discover all the known western medical options that are known to prevent the top causes of death and learn to improve your life!

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Dr. Purser's books are so easy to read and understand and give such great advice for people to take control of their health. This is another great one! Thank you Dr. Purser.

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